

DIVISION OF DIABETES TRANSLATION

The number of US adults diagnosed with diabetes has doubled in 20 years.

More than 30 million Americans have diabetes, and another 84 million US adults have prediabetes, a serious health condition in which blood sugar levels are higher than normal but not high enough yet to be diagnosed as type 2 diabetes. A person with prediabetes is at high risk of type 2 diabetes, heart disease, and stroke. A person with diabetes is at high risk of heart disease, stroke, and other serious complications, such as kidney failure, blindness, and amputation of a toe, foot, or leg. In the last 20 years, the number of adults diagnosed with diabetes has more than doubled as the US population has aged and become more overweight.



30.3
MILLION

Americans
with diabetes



84.1
MILLION

US adults with
prediabetes



\$327
BILLION

in health medical costs
and lost productivity

CDC's Response

CDC's Division of Diabetes Translation is at the leading edge of the nation's efforts to end the devastation of diabetes. The division works with other federal agencies, state health departments, health care providers, and community organizations to identify people with prediabetes, prevent type 2 diabetes, prevent diabetes complications, and improve the health of all people with diabetes. These efforts have helped millions of Americans reduce their risk of type 2 diabetes and prevent or delay serious diabetes complications.



To date, over 1,600 organizations have received CDC recognition for delivering the National DPP lifestyle change program and served over 297,000 participants nationally.

